

Pistachio Crusted Chicken

2 Chicken Breasts

1 C Pistachios

2 TBS olive oil

Directions: In a medium saucepan, heat two tablespoons of olive oil over medium heat.

Crush the pistachios and place in a shallow bowl.

Cut both of the chicken breasts into two pieces, coat the chicken with pistachios and sprinkle salt.

Cook the chicken for about 10 minutes on each side or until cooked through.

(Optional) Top the chicken with onions.